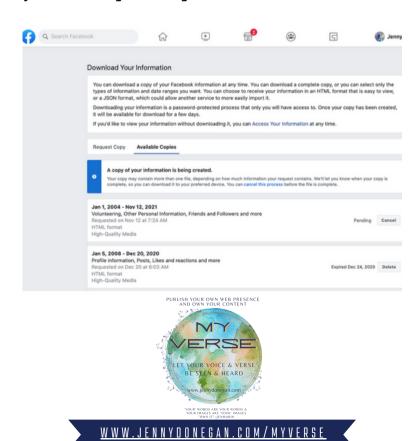


Step 1: Take Back Your Digital Content

Stop Serving CORPORATE SOCIAL MEDIA YOUR data and creative intelligence, OWN IT! You can join our free support group on Clubhouse in TechHeroes Club or contact me via my website home page to calendar a virtual meeting. Now, let's look at how we can recover our content from the clutches of the digital media sucking machine. Facebook/Meta WHATEVER, you love my DATA and I want it BACK! Ok, let's start . . .

1. Login to your account 2. go to Settings 3. YOUR Facebook Information

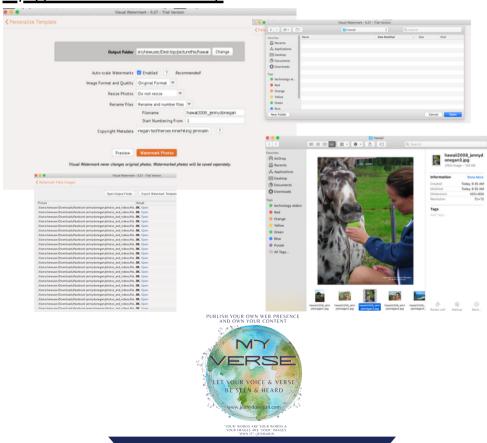


Step 2:

Watermark Your Images

Now you have some digital content to work with and most likely you are shocked at the amount of data and digital assets are actually living in other platforms that are often not easily accessible. Most importantly you now have your content to Watermark and Publish to Your OWN website. Here are the steps to using Visual Watermark a program for MacOS that is downloadable from their website:

https://www.visualwatermark.com/



Step 3:

Publish Your Images

Publishing YOUR Images to YOUR Web Presence is an amazing feat and an amazing legacy to share with others and to own the images and your gold.... I created the Picture This ... site page prototype off of my main site www.jennydonegan.com so my publishing is from a domain that I am renting;-) Having a web domain url and hosting is the closest you will get to ownership of digital realestate in which you can publish and conduct business for a very low cost. The power is in Publishing and Owning Your Content you can then become more of a wise sage to offer your wisdom through blogging and creating community through publishing and sharing.

